

D.A.R.E.

PROJECT YES!



To Resist
DRUGS, GANGS
& VIOLENCE

Student Workbook
Grade 5



Student's Name



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Important Phone Numbers



| | |
|--|----------|
| Garden Grove Police Department..... | 741-5704 |
| Anaheim Police Department..... | 254-1900 |
| Fountain Valley Police Department..... | 965-4485 |
| Santa Ana Police Department..... | 834-4211 |
| Westminster Police Department..... | 898-3311 |
| Orange Police Department..... | 532-0221 |
| Cypress Police Department..... | 229-6600 |
| Stanton Sheriff's Department..... | 647-7000 |



Places where you can get help and information

| | |
|---|----------------|
| M.A.D.D. (Mothers Against Drunk Driving)..... | 532-MADD |
| Straight Talk (Drug/Alcohol Issues)..... | 557-1000 |
| Alateen (Helps Teens with Drinking Problems)..... | 545-1102 |
| Teen Challenge (Counseling)..... | 776-0161 |
| We-Tip (Report Crimes Anonymously)..... | (800) 472-7766 |
| Narcotics Anonymous..... | 556-4555 |
| Orange County Youth & Family Services..... | 543-8468 |
| Child Abuse Registry..... | 937-2000 |

D.A.R.E.

Dear D.A.R.E. Student,

Welcome to the D.A.R.E. program. You are about to begin an exciting 5 week program to help you recognize and resist the pressures that may influence you to get involved with gangs and violence.

The 5th grade D.A.R.E. program was designed with the cooperation of the Orange County Department of Education - Project Yes! The 5th grade program will teach students to make conscious decisions to avoid gang involvement and violence.

In order to ensure all students receive the same learning opportunity, all students are expected to follow the D.A.R.E. rules listed below:

D.A.R.E. Rules

- Raise your hand so that only one person speaks at a time.
- Be positive and respectful; put-downs can hurt feelings.
- Observe and use the quiet signal.
- Use the words "someone I know" instead of a person's name when sharing a story.
- Answer only questions that feel comfortable to you.

We are looking forward to being with you and your classmates for the next several weeks. We know that you will be a successful D.A.R.E. student and join the millions of other D.A.R.E. students around the world who have chosen to be drug-free, avoid gangs and violence.



D.A.R.E. Word Definitions

- Ancestor** A person related to you in the past.
- Accomplishment**.... To finish something good that you have set out to do.
- Consequence** The result of something you do or choose not to do.
- Criminal** A person who breaks the law.
- Culture** The beliefs, customs and traditions of a particular group of people.
- Gang** A group of people who come together to do bad things.
- Goal** Something good you work on to complete.
- Law** A rule made by the government and enforced by Police Officers.
- Illegal** Against the law.
- Juvenile** A person under 18 years old.
- Respect** Treating yourself and others with care.
- Responsible** Being able to make the right decisions.
- Rule** A statement of what to do or not to do.
- Self-Esteem** A way you feel about yourself.
- Violence** Destructive action towards people and things.

Respecting Cultural Differences

INTERVIEW QUESTIONS:

1. What country or countries did your ancestors live in before they came to the United States?

2. What do you think is the best thing about the country your ancestors came from?

3. What is your favorite food from the country your ancestors came from?

4. Name a special holiday from your ancestors' country that your family celebrates. Tell me one thing about this holiday.

5. Tell me one thing you noticed and liked about another student whose ancestors are from another country.



Gangs: A Good or Bad Choice?

Directions: Follow the example below and list 5 additional things that gangs are involved in. Across from each word answer if it is wrong, with a yes or no, then give at least two consequences for each thing the gang member does. If you have a question, ask your teacher or D.A.R.E. instructor.

| Things Gangs Do | Is It Wrong? | What are the Consequences for the Gang Member? |
|-----------------|--------------|--|
| 1. Murder | Yes | Arrested, Prison, Death Penalty, Loss of Respect, Revenge from other gangs |
| 2. | | |
| 3. | | |
| 4. | | |
| 5. | | |
| 6. | | |

Good and Fun Things You Can Do Instead of Being In a Gang

Directions: List 5 examples of good and fun things to do and their consequences.

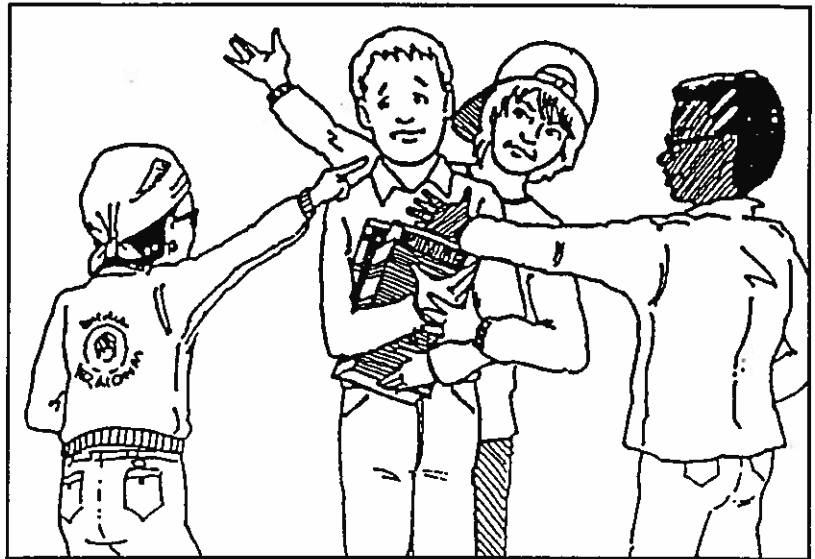
| Good & Fun Things to Do | Good Consequences |
|-------------------------|---|
| 1. Sports | Teamwork, Make Friends, Exercise, Sportsmanship, Coordination, Confidence |
| 2. | |
| 3. | |
| 4. | |
| 5. | |
| 6. | |

The Never-Ending Story

Robert is twelve years old and in his first year of middle school. Last year was one of the happiest years of his life. Living in a small town, he knew everyone and everyone knew him. His parents had been separated for a time, had gotten back together, and it felt as if they were really a family again. Although he felt silly thinking it, he knew he was a "big man on campus" at his elementary school and his friends were the really "in crowd".

All of a sudden, everything changed. Just as he was going on to middle school, his family moved to a big city. Robert had to deal with a new neighborhood without any of his friends around him. When school started he was very nervous. Everyone looked strange to him. They dressed differently than he was used to. No one paid much attention to him. If they did, sometimes they pushed him or made rude remarks about his looks. Robert felt completely alone.

One night, Robert watched a program about gang violence in his neighborhood. It seemed as if everyone in the school had a gun for protection! He thought about talking it over with his parents, but he knew they would only get upset. So, he decided to handle the situation on his own. He knew it was only a matter of time before someone was going to hurt him, especially on his way to and from school. The next day, Robert went to a store and he bought a fake gun. It looked so real, he knew it would fool everyone. "I'll show them," he thought. "No one's going to mess with me."



On his way home from school, Robert felt like a character in a movie, ready for anything. A group of tough street kids approached him, and Robert...

4 Ways to Say “NO!”

1. Saying “No Thanks”

“Hey, do you want to spray paint our names on this wall?”

“No Thanks”

2. Giving a Reason or Excuse

“There’s going to be a fight after school, do you want to come watch it with us?”

“No Thanks, I have chores to do.”

3. Walking Away

“You want to join our gang?”

Say “No” while quickly walking away.

4. Avoiding the Situation

If you know of places where there are gang members, stay away from those places. If you see gang members, walk the other way.



Using the 4 Ways to Say "NO!"

Directions: Read the problem. Then write your answer on the lines below using one or more of the 4 ways to say no.

Problem #1 You are walking home from school. In the distance, you notice gang members gathered on a sidewalk you normally use. Before you reach them, you should...

Problem #2 A neighborhood gang member wants you to hide a stolen bicycle at your house. In return, he tells you he will give you protection from a dangerous gang at school. You should...

Problem #3 A friend of yours invites you to a party. You know there will be gang members there. You should...

Problem #4 There is a lot of gang violence in your neighborhood. A gang member offers to let you use one of his guns for protection. You should...

Problem #5 A gang member approaches you and pressures you to join his gang, you should...

Young Goalsetter: Ralph Bunche

His Life Story

Ralph Bunche knew that his family had very little money and he wanted to help. When he was seven years old, he sold newspapers on a street corner every day after school. He had a goal of earning money each day. He also had a goal of learning to play broomstick baseball and he got better with practice.

Life was not easy for Ralph, but he did have the love of his family. When he was ten years old, he helped care for his new baby sister. He helped his grandmother with chores at home and worked on a variety of jobs after school. Both of Ralph's parents had died by the time he was twelve years old.

Ralph's family lived in Detroit, Albuquerque, and Los Angeles



while he was growing up so he had to adjust to new places. His family was black and experienced unfair treatment because of their race. Ralph didn't let his anger become hatred toward others.

Ralph was a college teacher and also worked for the U.S. Government and the

United Nations, helping to solve problems. In 1950, he was awarded the Nobel Peace Prize for stopping a war between the Arabs and Israeli's. Many lives were saved because of his help.

In spite of many problems Ralph Bunche learned early in life to set goals, to not give up, and to try to do his best. He achieved success and helped make life better for his own family and for thousands of others.

Setting Goals For Success

Young Goalsetter: Ralph Bunche

What Really Happened...

1904 born in Detroit



1911 sold newspapers

1914 helped raise sister



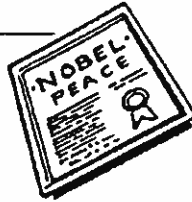
1915 moved to Albuquerque

1916 parents died; moved
to Los Angeles

1922 received scholarship



1934 received Ph.D. in
political science



1950 won Nobel Peace Prize

1971 died

What Could Have Happened...

1904 born in Detroit

1911 caught shoplifting

1914 ran away from home

1915 joined a gang

1916 parents died; lived
with gang members

1922 went to jail for
selling drugs



1927 released from jail; no job,
no money, no education

1929 got stabbed in
gang fight

1930 killed in drive-by shooting

here's a real
EYE OPENER!

**Most Gang Members
end up Dead
or in Jail!**

Your Accomplishments and Future Goals

List 4 of your personal accomplishments:

1. _____
2. _____
3. _____
4. _____

Write down 2 future goals and the steps to take to best accomplish them:

Goal #1: _____

- Steps:
1. _____
 2. _____
 3. _____



Goal #2: _____

- Steps:
1. _____
 2. _____
 3. _____



Resolving Disagreements

1. If I saw two people about my age at school fighting and hurting each other, I would...

2. If a gang member wanted to fight with me, I would...

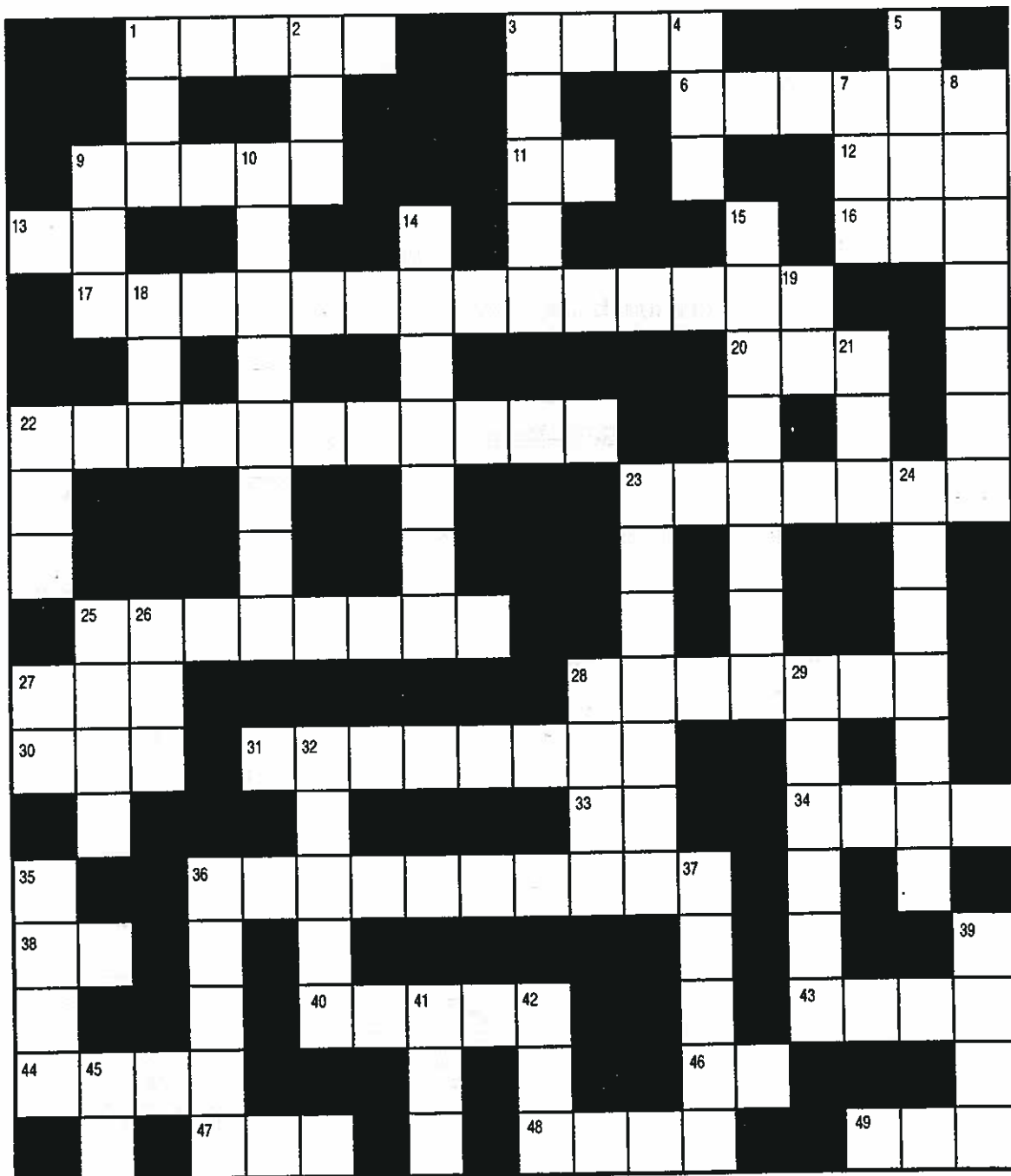
3. If a student cut in front of me in a lunch line, I would...

4. If my brother or sister disagreed with me on whose turn it was to wash the dishes, I would...

5. If I was playing handball and I disagreed when someone called me out, then I would...



D.A.R.E. Crossword Puzzle



ACROSS

1. Drug Free and _____ of it.
3. Something good you work on to complete.
6. What you give your D.A.R.E. Officer after you have raised your hand and he calls on you.
9. What you learn in D.A.R.E. can help you to stay this way.
11. What you say to someone trying to get you to join a gang.
12. You _____ a Gang Free Student!
13. I _____ never going to get involved with gangs so I can reach my goals, live a good life and be happy.
16. What you say to good and fun activities.
17. To finish something good you have set out to do.
20. A slang term for a person whose job is to help you and keep you safe.
22. The result of something you do or choose not to do.
23. Treating yourself and others with care (same as #8 down).
25. A person under 18 years old.
27. The inhalant drug nitrous oxide is also called laughing _____.
28. Something you can walk on without hurting it or its feelings.
30. A strong alcoholic drink that causes liver and brain damage.
31. A person who breaks the law.
33. An abbreviation for recreational vehicle.
34. A gang member that makes a smart decision is _____.
36. A way you feel about yourself.
38. It is _____ to say no to anybody trying to get you to do the wrong things.
40. A word you could use to describe a person who makes good decisions and does the right things.
43. Winners do not _____ get involved in gangs.
44. The number of ways you have learned to say no.
46. Gangs often jump _____ new members by beating them up.
47. A very important person.
48. A poisonous lizard from the American Southwest Desert is called a _____ monster.
49. A slang term for a cigarette.

DOWN

1. The abbreviation for the Police Activities League.
2. Smart people do not _____ drugs.
3. A group of people who come together to do bad things.
4. A rule made by a government and enforced by police officers.
5. If you _____ in a gang you would put yourself and your family in danger of injury or death.
7. A gang-free _____ of life is the only _____ of life.
8. Treating yourself and others with care (same as #23 across).
9. The abbreviation for the American Medical Association which strongly advises you not to use life destroying drugs.
10. Destructive action towards people and things.
14. Against the law.
15. A person related to you in the past.
18. A slang term for a person in prison.
19. Dare _____ resist drugs, gangs and violence.
21. A famous poet who wrote "The Raven" named Edgar Allen _____.
22. To be successful you must have high self-esteem and believe you _____ make it happen.
23. What you have learned to do with disagreements (Hint: Page 12)
24. The beliefs, customs and traditions of a particular group of people.
25. Where gang members go when they break the law.
26. The abbreviation for the United State Navy.
27. The abbreviation for Garden Grove.
28. Drug Abuse Resistance Education.
29. A cold place where many gang members end up.
32. Statements of what to do or not to do.
35. What you are if you join a gang. (write upside down).
36. How you would feel if you joined a gang and ruined your life.
37. Any mass form of communication, television, radio, newspapers, magazines, billboards, etc.
39. Any substance other than food that changes the way your mind and body works.
41. The abbreviation for the Bureau of Alcohol, Tobacco and Firearms that enforces laws concerning alcohol, cigarettes and guns.
42. A bad activity where gang members draw, carve or spray paint on other people's property.
45. If you join a gang, you are as bright as this large animal.

D.A.R.E. Definition Word Search

Directions: Look for the 15 dotted words below and circle each.
They may be up, down, forward or at an angle.

C O L E C C I O N G X T Y P A P A L O T E
 N V I D E O S G A N G S E M S A Y R A C M
 J Z M A S E L F E S T E E M O P W R X R O
 A E E R W X C O M U T A D O R E E P L O R
 R R C T A Q P A P A R B I T R O O B E L X
 D D A I F N O R R E E N I I K S S I I E S
 I E N G U R C T N C P P R U L E S C S E E
 C J I O T D D E N B I K E S I D I I G R O
 O A C K B J C E S I C R I M I N A L E W N
 N P A R O Q L E T T Z Q O E E N N L S O E
 S E S O L O A O M N O R L I G N E E Q H L
 E S E W I N C D O I T R O I L I D T U S B
 Q C L V B I C R O S Z R R N L L O A I H I
 U A O N O B O D C U L B U R X A E N A A S
 E R A C U A M A P E D I L P D C I G R I N
 N G S J E L P M S A M A U O S I N E A S O
 C V A N T E L A N T A R U N N S R A A L P
 E R R B A B I S I T T I N G X U N L O N S
 R W M L E C S B E Z A S N K T M O I O M E
 H R A S N S H J U V E N I L E A R A Y I R
 N O A L A N M M A C R P U C R H C B O G Y
 G O T E S N E G N I C C T C E P S E R R E
 E X P W O R N D O R G I H P S R O T U T R
 M A A C O T T S G G O I U M P R O P E N O
 S L R U D A R R E H N Y P A T I N A R M Y

- Gangs
- Violence
- Criminal
- Illegal

- Consequence
- Juvenile
- Ancestor
- Laws

- Responsible
- Rules
- Self Esteem
- Culture

- Goal
- Accomplishment
- Respect

D.A.R.E. Mountain Maze

'Climb the Mountain to Success!'

Success is like climbing a mountain; you must work hard to reach new heights.

Directions: Start at the step marked "START" at the base of the mountain, climb the mountain to the eagle at the top *without crossing any lines*.



NOTES